

School Dance Styles

Ecole de Danse

ISLAND SOUL

Count: 32 Wall: 4 Level: Improver

Choreographer: Mark Furnell (UK) & Chris Godden (UK) - April 2026

Music: Island Soul - MASSIL IA

Intro: 32 Counts, Start at approx 53 secs

SEC 1 Side Drag, Ball Cross, Side, Hip Bumps, ¼ Sailor Step

1-2 Step right to right dragging left towards right over 2 counts

&3-4 Step left beside right, cross right over left, step left to left

5-6 Bump hips right, bump hips left

7&8 Turn ¼ right step right behind left, step left to left, step right forward (3:00)

SEC 2 Step, ½ Tic Tac, Coaster Step, Step Lock Step, Mambo Step

1&2 Step left forward, turn ¼ right twist right heel to left,
turn ¼ right twist left heel to left (9:00)

3&4 Step right back, step left beside right, step right forward

5&6 Step left forward, lock right behind left, step left forward

7&8 Rock right forward, recover weight on to left, step right back

SEC 3 Back Sweep, Behind, Side, Cross Shuffle, Point Switches, ¼ Turn

1-2 Step left back sweeping right from front to back over 2 counts

3& Step right behind left, step left to left

4&5 Cross right over left, step left beside right, cross right over left

6&7 Point left to left, step left beside right, point right to right

8 Turn ¼ right keeping weight on left (12:00)

SEC 4 Coaster Step, Step, ¼ Pivot, Cross, Back, Back, Cross, Back, Back, Cross

1&2 Step right back, step left beside right, step right forward

3-4 Step left forward, pivot ¼ right transferring weight onto right (3:00)

5&6 Cross left over right, step right back, step left back to left diagonal

&7&8 Cross right over left, step left back, step right back to right diagonal,
cross left over right

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